

Summer Activities

Activities

Walking, climbing, mountaineering, mountain biking, quad biking, parascending, ballooning, bungee jumping, zip wire, helicopter flights, tennis, golf, horse riding, summer luge, adventure parks, canoeing, white water rafting, water skiing, swimming, boating.

Walking Trails

There are hundreds of different routes to explore in the surrounding area. Whether it be a gentle stroll along the river, a climb up one of the rugged mountains or a night or two in mountain refuges, it's all possible here.

Listed below are a variety of walks for all abilities, all starting and finishing at Chalet Abbaye. Click on the titles to show the routes on Google Earth.

For more information on walking contact kate@chaletabbaye.com.

Walk along la Dranse - A flat, gentle walk along the river and then back to the chalet through St. Jean d'Aulps. Approx. 1 hour.

St Jean Circuit - A hike up hill through woods and alpage to Le Fouyet. Here you can drink fresh mountain water from a fountain and enjoy a stunning view of the Roc d'Enfer. A steady descent back down to the chalet. Approx. 2.5 hours.

Le Biot Circuit - Heading up the valley behind the chalet and onto a track through the woods to la Chaux where there is a fabulous viewpoint of Mont Blanc and the Dranse Valley. From there head up a very steep path and then meander down a wide track all the way to Le Biot, a peaceful village where you can sit down for lunch before walking the half hour back to the chalet. Approx 4 hours.

Le Pointe du Paradis - A long trek through Seytroux and then up a winding track in the woods, through meadows above the treeline and then to le Pointe du Paradis (1761m). Drop down for a fabulous lunch at La Tavaillon before descending down to La Grande Terche and then St. Jean d'Aulps. Approx 5 hours.

La Pic de la Corne - A hike to the summit of the Pic de la Corne. The track takes you initially through woods and past summer hamlets. Once above the tree line keep your eyes out for chamois and birds of prey. The final stretch is up a steep ridge to the summit (2084m). From here you can enjoy outstanding views of Mont Blanc to the south and Lac Lemman to the north. Approx. 6 hours

Visits

Lake Geneva – visit some of the beautiful ports & beaches, just 30 minutes from Chalet Abbaye or take a boat trip across to Switzerland.

Goat farms - at Vallee de la Manche and Lindarets, both in beautiful surroundings with restaurants.

Thonon - Nearest town on Lake Geneva with funicular down to the waterfront, boat rides, restaurants, petit train, children's play areas, open air pool, fantastic outdoor market on Thursday mornings.

Evian – Just along from Thonon on Lake Geneva with spa, casino, beautiful waterfront, petit train, restaurants, waterfalls, children's play areas & much more.

Yvoire - Traffic free, beautiful old lakeside town and 700 year old castle with "Jardin des Cinq Sens", plenty of restaurants and little shops, just 45 minutes away.

Aqua Park – choose from Jungle land, Captain Kids land or Paradise land – fun for all the family in Le Bouveret, Switzerland, 70 minutes from Chalet Abbaye.

Les Gets Lake – with lifeguards, water slide, floating pontoon, restaurant, volleyball, children's playground & adventure park.

Montriond Lake – beautiful and easy forest trails with waterfalls down to the lake which has three restaurants, pony rides and a smaller lake & sand pit for children.

Excursions in Morzine - The Dairy, Old town guided visit, slate factory, history of Savoie

Morzine Outdoor Pool – large pool with water slides, smaller pool for children and water playground.

Outdoor playground in Morzine – by the river, tennis courts and skate park, with Pony trekking from 3 years, mini farm and caf  .

The Abbey – guided visits, Thursday evening comedy, various musical events & medieval day.

Markets – in Morzine & Samoens on Wednesday mornings, Les Gets & Thonon on Thursday mornings, Chamonix on Saturday mornings, Annecy & Abondance on Sunday mornings.